

Programme Requirement



Participating
in a **positive**
future

About your sentence

You have been given a Programme Requirement as part of a sentence of the Court or as an additional condition on a licence following your release from custody. A Programme Requirement will help you to understand your behaviour, identify your strengths and develop ways of not offending in the future. This leaflet tells you about the Programme Requirement that the Court has decided you must do as part of your sentence.

The programme you do will aim to teach you how to think or behave differently to help you stay out of trouble. The programme might include looking at how you handle problems, how you deal with other people, and how you behave in difficult situations. You may have to attend the programme in a group with other participants or attend on your own. Your responsible officer will discuss the details of your Programme Requirement with you.

Your responsible officer will:

- support you through the programme;
- explain your sentence to you;
- discuss the plan for your sentence;
- tell you where you need to be and what time you must be there;
- explain how the programme will be run and what it will cover;
- arrange for you to be taken back to Court if you do not co-operate or comply with your Order;
- review your progress and work with you to help you complete your sentence successfully; and
- treat you fairly.

It is important that you:

- listen carefully to what your responsible officer or the programme tutors/facilitators say and do what they ask you to do;
- do what you are asked to do on your programme, such as filling in the initial tests and completing any 'homework';
- turn up for appointments on time;
- stay out of trouble and make sure you turn up in a fit state to take part;
- show respect to probation staff and other people you meet during your sentence;
- tell your responsible officer if circumstances change for example if you move address, change phone number, are unable to keep your appointment or have any problems completing your sentence; and
- carry out any instructions you may be given when you attend your treatment.

It is very important that you attend your appointments and work hard to complete your sentence. If you think you are going to miss an appointment, please inform your responsible officer as soon as possible and tell them why.

The Durham Tees Valley Community Rehabilitation Company does not tolerate any forms of bullying, racism and other forms of discrimination or aggressive behaviour to any of its staff.

Other information

For more information about this leaflet or if you need help or advice about anything to do with your sentence, please speak to your responsible officer.

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