

## Prospectus of Reducing Reoffending Services

Participating  
in a **positive**  
future

## DTV CRC Sentencing Guidance

OGRS 0-49%	<ol style="list-style-type: none"> <li>1 Rehabilitation Activity Requirement Low Intensity (10-17Days) 6m CO/SSO</li> <li>2 Stand Alone Unpaid Work</li> <li>3 Attendance Centre Requirement</li> <li>4 Accredited Domestic Abuse Programme + RAR (25-35 Days, 24m CO/SSO)</li> <li>5. Accredited Drink Impaired Drivers Programme + RAR (10-17 days, 12 month CO/SSO)</li> </ol>
OGRS 50-69%	<ol style="list-style-type: none"> <li>1 Rehabilitation Activity Requirement Medium Intensity (15-23 days) 6m CO/SSO</li> <li>2 Stand Alone Unpaid Work</li> <li>3 Attendance Centre Requirement</li> <li>4 3 month Drug Rehabilitation Requirement (DRR) + RAR (11-23 Days) 6m CO/SSO</li> <li>5 3 month Alcohol Treatment Requirement (ATR) + RAR (11-23 Days) 6m CO/SSO</li> <li>6 Accredited Domestic Abuse Programme + RAR (25-35 Days) 24m CO/SSO</li> <li>7 Accredited Anger Management Programme + RAR (25-35 Days) 24m CO/SSO</li> <li>8 Accredited Thinking Skills Programme + RAR (6-23 Days) 12m CO/SSO</li> </ol> <p style="font-size: small; margin-top: 10px;">* For ATR only alcohol dependent and for DRR only if in treatment. Non-dependent Substance Misusers will be given appropriate Interventions as part of the RAR</p>
OGRS 70-89%	<ol style="list-style-type: none"> <li>1 Rehabilitation Activity Requirement (High Intensity 20-35 days) 12m CO/SSO</li> <li>2 Unpaid Work + RAR (20-35 Days) 12m CO/SSO</li> <li>3 Attendance Centre Requirement</li> <li>4 6 month Drug Rehabilitation Requirement (DRR) + RAR (20-35 Days) 12m CO/SSO</li> <li>5 6 month Alcohol Treatment Requirement (ATR) + RAR (20-35 Days) 12m CO/SSO</li> <li>6 Accredited Domestic Abuse Programme + RAR (25-35 Days) 24m CO/SSO</li> <li>7 Accredited Anger Management Programme + RAR (25-35 Days) 24m CO/SSO</li> <li>8 Accredited Thinking Skills Programme + RAR (6-23 Days) 12m CO/SSO</li> </ol> <p style="font-size: small; margin-top: 10px;">* For ATR only alcohol dependent and for DRR only if in treatment. Non-dependent Substance Misusers will be given appropriate Interventions as part of the RAR</p>
OGRS 90% +	<p>Participants in this banding will also be considered for an Integrated Offender Management (IOM) approach</p> <ol style="list-style-type: none"> <li>1 Rehabilitation Activity Requirement Very High Intensity (39-53 days) 12m CO/SSO</li> <li>2 6 month Drug Rehabilitation Requirement (DRR)* + RAR (39-53 Days) 12m CO/SSO</li> <li>3 6 month Alcohol Treatment Requirement (ATR)* + RAR (39-53Days) 12m CO/SSO</li> <li>4 Accredited Domestic Abuse Programme + RAR (39-53 Days) 24m CO/SSO</li> </ol> <p style="font-size: small; margin-top: 10px;">* For ATR only alcohol dependent and for DRR only if in treatment. Non-dependent Substance Misusers will be given appropriate Interventions as part of the RAR</p>

DTV CRC now refers to Offenders as Participants

## Rehabilitation Activity Requirement (RAR)

Rehabilitation Activity Requirements (RARs) are available for participants subject to Community Orders (COs) or Suspended Sentence Orders (SSOs) when sentenced for offences committed on or after 1st February 2015 under section 15 of the Offender Rehabilitation Act 2014. The RAR provides maximum flexibility to deliver Rehabilitation Activities that addresses participant need and focus on reducing the risk of offending. The Court will set the length of sentence between 6-36 months and the number of activity days to be completed.

(The RAR replaces the Supervision Requirement and all Specified Activity Requirements in cases where the offence was committed on or after 1st February 2015)

### Suitable for:

- Adult male and female participants over 18 years of age. The RAR is the main vehicle for Community Supervision and is able to be adapted to meet the requirements of the Courts and individual participant

### Not suitable for:

- In very rare cases a RAR may be unsuitable for participant with severe health problems or substance dependency

### Involves:

- The Responsible Officer and participant assessing and identifying needs that motivate offending behaviour and agree a plan to move forward
- Tailoring rehabilitative activities to address individual needs via 1 to 1 work with a Responsible Officer and / or accessing a range of diverse local community partners from the public, statutory and third sector organisations for expert support
- The opportunity to directly access this support via a Community Hub, offering a one stop shop approach
- The opportunity to access Peer Mentors and Volunteers to assist both practically and emotionally to achieve goals
- Encouraging and motivating the participant to move forward by creating the opportunity to give something back and enhance skills / employability by engaging in Social Action to the benefit of the local community
- Recognition of achievement and progress
- Enforcing non-compliance with the order of the Court

### EXPECTED OUTCOMES:

A Community Sentence that is based on evidence proven to be effective in reducing reoffending. Is specifically tailored to meet the individual needs of each participant to reduce their risk of further offending by offering the opportunity to access a package of rehabilitative activity to move people forward, access opportunities, develop new skills and integrate individuals as positive contributors to their local communities.

## Accredited Programmes

Accredited programmes target general or specific types of offences and are delivered within a group setting. These programmes are accredited by the Correctional Services Accreditation Panel and are designed to address attitudes and behaviour that contribute to offending.

### Building Better Relationships Programme (BBR)

#### Suitable for:

Any man who wants to end his abusive behaviour towards his partner or ex-partner, or has perpetrated domestic abuse in an intimate partner relationship. Risk of harm and risk of re-offending will be assessed throughout the programme for each man. Facilitators will maintain close links with the Responsible Officer, MAPPA/MARAC and Children's Service to deliver a holistic intervention that supports identification of risk and further work to be completed in the community.

- Adult Heterosexual Men
- Violent in an intimate relationship
- Medium to high risk on SARA
- Able to discuss at least 1 act of violence against a partner
- Willing to sign to have information shared with a partner
- Risk of harm and risk of re-offending will be assessed throughout the programme for each man. Facilitators will maintain close links with the Responsible Officer, MAPPA/MARAC and Children's Service to deliver a holistic intervention that supports identification of risk and further work to be completed in the community

#### Not suitable for:

- Women
- Same sex relationships
- Serious Mental Health problems
- Unlikely to learn e.g. Because of severe substance dependency

#### Involves:

- 24 weekly group sessions
- 6 one to one sessions
- Must attend all sessions or catch ups otherwise could be returned to court in breach

#### Content includes:

- Why domestic abuse happens
- 'My thinking & attitudes'
- 'Understanding my emotions'
- 'Building my relationships'

#### EXPECTED OUTCOMES:

Reducing risk and needs linked to reoffending and risk of serious harm to self and others (Group work and 1-1 support).

Detailed final report for each participant outlining strengths and areas for further development, reports will incorporate information from other relevant organisations to support the Responsible Officer manage risk and further allocate required resource and allocation of additional input.

Follow up of support given to partners and ex partners forming part of final report.

### The Resolve Programme

#### Suitable for:

Any man 18 years and over who is convicted of a violent offence and needs to develop their understanding of the triggers for their behaviour and how to develop ways of avoiding violence in the future.

- Violent index offence
- Medium or high risk of re-offending and risk of serious harm
- Able to engage in and benefit from the intervention
- Have needs addressed by the programme

#### Not suitable for:

- Serious unmanaged mental health problems e.g. Unmanaged psychosis
- Unable to learn due to severe substance dependency making them unable to engage

#### Involves:

- 21 group sessions
- 4 one to one sessions

#### Content includes:

- Understanding aggression
- Thinking & attitudes
- Emotions & dealing with conflict
- Lifestyle
- Relapse prevention

#### EXPECTED OUTCOMES:

A moderate intensity cognitive-behavioural programme that aims to reduce violence in medium risk adult male participants.

### Thinking Skills

**Thinking Skills (TSP)** is an accredited group-work programme designed to challenge the thought processes of participants and give them tactics to use to react differently in the future.

#### Suitable for:

- Adult and young adult (aged 18 and over), male and female
- Are medium to high risk of reoffending
- Have relevant needs and are ready, willing and able to take part in the programme
- Community Order or SSO with an additional Rehabilitation Requirement of commensurate days to support learning and rehabilitation

#### Involves:

- Developing skills in stopping to think decisions through in order to develop a range of options
- Recognise and manage emotions, helping delegate make more effective and controlled decisions
- Developing a systematic approach to any situation where changed behaviour is wanted

- Increasing skills of seeing a situation from different points of view
- Learning to resist the criminal or unhelpful influence of others.

#### Content includes:

- Group sessions investigate reasons for offending and ways to think differently
- Participant expected to work on issues outside of session in preparation
- Sessions include, self-control, problem solving and positive relationships

#### EXPECTED OUTCOMES:

A cognitive skills programme which addresses the way participants think and their behaviour associated with offending. The programme aims to reduce reoffending by engaging and motivating, coaching and responding to individual need and building on continuity. It supports participants developing skills in setting goals and making plans to achieve these without offending.

## Drink Impaired Drivers Programme (DID)

### Suitable for:

- Community Order or SSO ideally of 12 month duration with an additional Rehabilitation Requirement of commensurate days to support learning and development
- Men and Women – over 17 years of age
- Current drinking offence with aggravating features, such as
  - causing injury or accidental damage or very high alcohol/blood reading (double the legal limit)

### Not suitable for:

- Serious Mental Health Problems
- Learning Difficulties
- Severe alcohol/substance dependency

### Involves:

- 14 group work sessions
- 1 Pre programme – Introductory Session & Questionnaires
- 1 Post Programme Report – 3 way meeting with OM
- 6 hours of Supplementary Session Work
- Must attend all catch ups otherwise will be returned to court in breach

### Content Includes:

- Lack of knowledge of Alcohol and Driving
- Poor Decision Making
- Lack of Adequate Planning
- Anti Social Attitudes
- Poor Emotional Recognition and Control
- Lack of Alternative Thinking/Consequential Thinking

### EXPECTED OUTCOMES:

To raise awareness of the serious and potentially fatal consequences of driving whilst under the influence of alcohol. To reduce the risk of re-offending and risk of serious harm.

Available from 01/03/2016

## DTV Services Brochure

Non-commissioned programmes aim to enable participants to develop a range of problem-solving skills in order to change their behaviour and the underpinning thoughts, values and attitudes related to offending. These programmes are not accredited by the Correctional Services Accreditation Panel but are designed to be delivered in a well managed and structured environment.

## Alcohol Treatment Requirement (ATR)

*Alcohol Treatment Requirements (ATRs) for participants subject to Community Orders (COs) or Suspended Sentence Orders (SSOs) under section 212 of the Criminal Justice Act 2003.*

### Suitable when:

- The participant is dependant on alcohol
- Dependency requires and is susceptible to treatment
- The participant is willing to comply
- Alcohol Use Disorders Identification Test (AUDIT) score of 20+
- A score of 18-19 may also warrant further investigation of suitability for an ATR (NOMS Alcohol Interventions Guidance (2010))

### An ATR is not suitable where:

- There is no evidence of a dependency
- If there are associated problems linked to alcohol use a RAR can be recommended to deliver structured interventions
- For participants whose alcohol levels exceed safe levels, but who do not offend as a result of their drinking

### Involves:

- Making the link between alcohol abuse to offending behaviour
- Coping with cravings, stress and conflict
- Building new social networks
- Preventing relapse

### Content includes:

- Understanding units of alcohol
- Motivation to change
- Triggers and alternatives to alcohol use
- Alcohol and emotions

### EXPECTED OUTCOMES:

ATRs deliver coercive treatment to predominantly 'dependent' drinkers specifically aiming to tackle levels of alcohol consumption and reduce alcohol related offending.

## Drug Rehabilitation Requirement (DRR)

Provision under Sec 209 of the Criminal Justice Act 2003. A DRR can be made as part of a Community Order or Suspended Sentence Order. The LASPO Act 2012 removed the restriction for a DRR to have a minimum length of six months.

### Suitable for:

- Male and female participants over the age of 18 years
- Participants are dependent on or have the propensity to misuse illegal drugs
- Participants who require and would benefit from treatment
- Necessary arrangements can be made for treatment
- Participants express willingness to comply with the requirements

### Not suitable for:

- Casual, infrequent drug misusers
- Participants not willing/able to comply with requirements

### Involves:

- Sign-posting to community based services that offer recreational or other activities that support reduced alcohol intake
- Compulsory drug testing
- Treatment (by way of substitute prescription if required)
- Psychological therapies and support
- Court reviews of progress

### Content includes:

- Community based, care-planned treatment by Health professionals
- Raising awareness of drug specific and wider health implications of drug abuse
- Impact of drug on general health and well being

### EXPECTED OUTCOMES:

Reduction/abstinence from drug misuse. Raise awareness of impact of drugs on health, well being and offending behaviour and reduce reoffending as a consequence.

## Senior Attendance Centre

An Attendance Centre Requirement can be made as a stand alone requirement or combined with other requirements of a Community Order. The Courts can also make an Attendance Centre Requirement for breach of other Community Orders.

### Suitable for:

- Male and female participants between the ages of 18 and 24
- Participants who are available to attend sessions for a minimum of 12 hours and maximum of 36 hours (each session up to a maximum of three hours)
- Participants who can travel to the required location within 90 minutes of their home address

### Not suitable for:

- Participants whose addiction to drugs or alcohol would prevent regular attendance
- Violent participants
- Participants for whom a higher intensity of supervision/intervention is more suited

### Involves:

- Regular attendance at a designated centre for at least three hours per session
- Participation in activities aimed at reducing reoffending, e.g. alcohol misuse awareness, victim awareness
- Engagement in group sessions
- Signposting to community based opportunities to improve skills or widen positive social interaction

### Content includes:

- Employment, training and skills advice and guidance
- Alcohol/Drugs awareness
- Recognition of impact of offending on victims and families
- Practical skills (e.g. budgeting)

### EXPECTED OUTCOMES:

To expose participants to positive role models and to help them vision a more positive, law abiding role in their families and community. Aims to reduce reoffending.

## Unpaid Work – Community Payback

This may be imposed by a court under section 199 of the Criminal Justice Act 2013 as part of a community order or suspended sentence order. It is referred to in the 2003 Act as a unpaid work requirement but is generally known as community payback. Maximum hours = 300

### Suitable for:

- Adult male and female participants over 18 years of age (provision can be made for 16 plus year olds under arrangements with Youth Justice Teams)
- Convicted for offence where punishment is primary aim of sentence
- Participants must be available and able to undertake work tasks
- Participants must consent to undertake the Order

### Not suitable for:

- Those who do not consent
- Participants whose are claiming incapacity benefits or deemed unwell enough to not be available for employment
- Participants whose addiction to drugs or alcohol would prevent regular attendance or completion of tasks

### Involves:

- Reporting for up to four days each week
- Regular reporting for work tasks either in a group or individual setting
- Undertaking work for the specified length of hours ordered by the Courts
- Conforming to Health & Safety rules
- Contributing to team activities

### Content includes:

- Maintaining public pathways and communal areas
- Minor construction work
- Clearing wasteland
- Decorating public places and buildings - for example, a community centre
- Working for charities and community groups, e.g. sorting shop goods, helping with environmental projects

### EXPECTED OUTCOMES:

Participants undertake work that is of value to communities and from doing so are offered the opportunity to 'pay back' for their offending whilst at the same time enabling them to gain self-worth. There is an opportunity to use a percentage of time to improve employment, training and education skills. Links with prospective future employers offer the prospect for paid work.

### Through the Gate

The CRC approach to resettlement services is a whole system approach aimed at achieving effective transition to the community and maximising the opportunity to end the often revolving door of imprisonment. The CRC will work operationally to ensure the effective support and integration of prisoners, and strategically to put in place arrangements that locate the solution to successful integration with those communities to which the prisoner is returning. The CRC will have a dedicated Through the Gate Team (TTGT) who will work with prisoners to prepare for their release and successful transition into the community.

#### Involves:

- **Reception into custody** – both remand and sentenced prisoners within 5 days of reception – focusing on immediate needs and completing Resettlement Plan
- **Rehabilitation and resettlement support in custody** – throughout the custodial sentence – preparing for release

- **Pre-release support** – within 12 weeks of release – accelerated preparation for release
- **On-release** – support at the immediate point of release to divert from offending via CRC will be initially provided at the departure lounges then subsequently at the community hubs
- **Post – release support** – support throughout the Licence/supervision period to sustain long term desistance

#### EXPECTED OUTCOMES:

To ensure appropriate custody cases are assessed and provided with services that support successful release into the community with minimised risk of reoffending.

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